



emPOWER PEOPLE BANDANA

(BRIOCHE VERSION)

a reversible brioche stitch bandana by Nancy Marchant,
a variation of the original **emPOWER PEOPLE** bandana designed by Casapinka

GENERAL INFORMATION

In brioche knitting, a stitch with its yarn over is considered ONE stitch. The yarn over is never counted separately. This is VERY IMPORTANT - try to see this stitch as a stitch with a shawl around its shoulders. When you are told that you should have 4 stitches on your needle, you will have 6 loops but count 4 stitches since the stitch together with its shawl/yarn over is counted as only one stitch.

Two rows are worked for each counted row that appears on the face of the fabric. Half of the stitches are worked in one row and the other half (the stitches that were slipped in the former row) are worked in the following row. When you need to count rows, count only the stitches going up one knit column. When you are told to work 4 rows, count 4 knit column stitches, even though you will have worked back and forth 4 times (2 worked rows = 1 counted row).

BRIOCHE STITCH ABBREVIATIONS

LS = light side of the work. The knit columns on this side of the work are in the light color.

DS = dark side of the work. The knit columns on this side of the work are in the dark color.

LC = light color. Use the light-colored yarn.

DC = dark color. Use the dark-colored yarn.

LS LC = the side of the work facing you has light-colored "knit" columns, and you will be working with the light-colored yarn in that row.

k = knit.

p = purl.

sl = slip (purlwise, unless told otherwise).

[] = action that needs to be repeated.

brk (brioche knit—also known as a bark) = knit the stitch that was slipped in the previous row together with its yarn over.

brp (brioche purl—also known as a burp) = purl the stitch that was slipped in the previous row together with its yarn over.

sl1yo = the action that creates the shawled stitch.

This action works differently for a bark row than for a burp row, but one aspect remains standard: the working yarn must always be in front before slipping the stitch.

On a burp row the working yarn is in place before slipping the stitch, but in a bark row you need to first bring the yarn to the front, and then slip the stitch.

This slipped stitch, with its yarn-over shawl, is considered one stitch.

sl1yo following a k or brk st = bring the working yarn under the needle to the front of the work, slip the next stitch purlwise, then bring the yarn over the needle (and over the slipped stitch) to the back, in position to work the following stitch.

sl1yo following a p or brp st = the working yarn is already in front. Slip the next stitch purlwise, then bring the yarn over the needle (and over the slipped stitch), and then to the front under the needle, into position to work the following stitch.

INCREASES

brkyobrk (2-stitch increase) = brk1, leaving the stitch on LH needle, yarn over (yarn forward under needle, then over needle to back), then brk1 into the same stitch—2 stitches increased. When a brkyobrk increase is used, 3 single stitches bloom out of the center of 1 stitch. These 3 stitches will be worked separately in the following row, since they are not yet shawled.

TWO-COLOR LONG TAIL CAST ON

Instead of using one yarn and its tail, use two different yarns. Tie your two yarns together leaving 6 inch tails. Hold the knot on your right hand needle with your right index finger. Wrap the LC around the left thumb and the DC around the index finger, work the long tail cast on just as you would if you were using only one yarn. Cast on the desired number of stitches loosely. All of the stitches on your needle will be in the dark color; the light color will loop underneath the stitches you cast on. The 6 inch tail can be used later on to loosen up the cast on if it is too tight.

STEM-STITCH BIND OFF

This sewn bind off has a similar appearance to the 2-color long tail cast on. After finishing the last DS DC row/DC row, cut DC and weave it in. Cut LC at least 3 times as long as the top edge of your cowl and thread it onto a tapestry needle.

*Insert the needle into the second stitch from front to back and pull the yarn through. Then insert needle in to the first stitch from back to front, going under the horizontal strand just made. Pull the yarn through and drop the first stitch from the knitting needle. Repeat from *.

This bind off can also be loosened or tightened after it is worked.

emPOWER PEOPLE

(BRIOCHE VERSION)

a reversible brioche stitch bandana by Nancy Marchant, a variation of the original **emPOWER PEOPLE** Cowl designed by Casapinka



emPower people is a purple colored craftivism project aimed at uniting crafters to spark conversation, engagement, and action. Wear it when you vote, grocery shop, march, or knit in your socially isolated bedroom. We would love to see a sea of purple to represent unity so please tell your friends, family, knitting groups, or anyone who can knit, crochet, or sew a simple pattern. Make a bandana **and a commitment to vote!**

This is the emPower People brioche knit bandana but there is also a garter stitch, crochet, and a sewing pattern and all four are free and available at the **emPOWER PEOPLE** website. Please spread the word!

www.empowerpeople2020.com

FINISHED MEASUREMENTS

Sample size modeled is 19½"/ 50 cm circumference, after seaming, and 15½"/40cm depth. See **PATTERN NOTES** for suggestions for making different sizes.

YARN

Any two **PURPLE** fingering weight yarns.

LC: Urban Girl Bangkok, (230yds/50g) lace weight;

colorway: Purple

70% kid mohair, 30% mulberry silk

I used 25yds/23m

HELD TOGETHER WITH

LaBien Aimeé 3ply Mondim, (421yds/385m=100g)

fingering weight; colorway: Madeline

100% Portuguese non-superwash wool

I used 25yds/23m

DC: Urban Girl Virginia (480yds/125g) fingering weight;

colorway: Black Beauty (a bluish black)

90% superwash merino, 10% nylon; I used 25yds/23m

NEEDLES

size US 6 (4 mm) 24" (60cm) circular needle or double pointed needles

NOTIONS

Tapestry needle for seaming and weaving in ends

GAUGE in two-color brioche

13 sts and 22 counted rows = 4"/10cm

PATTERN NOTES

from Casapinka: "This purple bandana/cowl was designed to increase awareness about the need to vote in elections and demand equality for all people. I hope that you will wear it with pride when voting or marching and tell your friends and family about it as we hope to create a sea of purple! Some pets also like it. My cat and employee, Sharon From Security, adores her bandana and loves to flaunt it in front of Jean from IT (a total butthead who always takes Sharon's parking spot.) If this is confusing, you can read more about Sharon and her nemesis on my Instagram page, @casapinka. If you would like to post a photo of your cowl on social media, please use the hashtags #empowerpeople #empowerpeople2020 and #sharonfromsecuritysfriends if you are posting your pet."

This bandana is worked flat from the cast on edge to the widest point. The small cast on edge is seamed to the matching-length edge at the far end after knitting.

For this brioche version, you begin with a few stitches and make increases every 4th counted row, at the end of that row. The first increase is in the very last brioche column stitch on the LS, the following increase is in the second to last brioche column stitch, the third increase is in the third to last brioche column stitch and the fourth increase is in the fourth to last brioche column stitch. The increases are then repeated in this sequence.

The overall depth of the cowl will be determined by the circumference of the neckline worked. If you prefer a wider-necked bandana, work more rows. You can also elect (pun intended) to cast on more stitches and make a deeper overall width. If you don't want the cowl to be so deep in length, then cut down on the number of increases. I worked the increases throughout but you could also just work one or two sets of the increases and work plain brioche rows after that.

SCARF

Leaving a long enough tail for seaming at the end (approx. 8"/20 cm), cast on 11 sts using the two-color long tail cast on, see page 2. Do not join to work in the round.

Set-Up Row DS LC: p1, *sl1yo, p1; rep from * to end.
Do not turn, slide.

Set-Up Row DS DC: sl1, *brk1, sl1yo; rep from * to last 2 sts, brk1, sl1. Turn.

Set-Up Row 1 LS LC: k1, sl1yo, *brk1, sl1yo; rep from * to last st, k1. Do not turn, slide.

Set-Up Row 1 LS DC: sl1, brp1, *sl1yo, brp1; rep from * to last st, sl1. Turn.

Set-Up Row 2 DS LC and ALL DS LC Rows: p1, *sl1yo, brp1; rep from * to last 2 sts, sl1yo, p1. Do not turn, slide.

Set-Up Row 2 DS DC and ALL DS DC Rows: sl1, *brk1, sl1yo; rep from * to last 2 sts, brk1, sl1. Turn.

Set-Up Row 3 LS LC: as **Set-Up Row 1 LS LC.**

Set-Up Row 3 LS DC: as **Set-Up Row 1 LS DC.**

See also emPOWER PEOPLE BRIOCHE CHART

Row 1 LS LC: k1, sl1yo, *brk1, sl1yo; rep from * to last 3 sts, brkyobrk, sl1yo, k1. Do not turn, slide.

Row 1 LS DC: sl1, brp1, *sl1yo, brp1; rep from * to last 5 sts, sl1yo, p1, sl1yo, brp1, sl1. Turn.

Row 3 LS LC: as **Set-Up Row 1 LS LC.**

Row 3 LS DC: as **Set-Up Row 1 LS DC.**

Row 5 LS LC: k1, sl1yo, *brk1, sl1yo; rep from * to last 5 sts, brkyobrk, sl1yo, brk1, sl1yo, k1. Do not turn, slide.

Row 5 LS DC: sl1, brp1, *sl1yo, brp1; rep from * to last 7 sts, sl1yo, p1, [sl1yo, brp1] twice, sl1. Turn.

Row 7 LS LC: as **Set-Up Row 1 LS LC.**

Row 7 LS DC: as **Set-Up Row 1 LS DC.**

Row 9 LS LC: k1, sl1yo, *brk1, sl1yo; rep from * to last 7 sts, brkyobrk, sl1yo, [brk1, sl1yo] twice, k1. Do not turn, slide.

Row 9 LS DC: sl1, brp1, *sl1yo, brp1; rep from * to last 9 sts, sl1yo, p1, [sl1yo, brp1] 3 times, sl1. Turn.

Row 11 LS LC: as **Set-Up Row 1 LS LC.**

Row 11 LS DC: as **Set-Up Row 1 LS DC.**

Row 13 LS LC: k1, sl1yo, *brk1, sl1yo; rep from * to last 9 sts, brkyobrk, sl1yo, [brk1, sl1yo] 3 times, k1. Do not turn, slide.

Row 13 LS DC: sl1, brp1, *sl1yo, brp1; rep from * to last 11 sts, sl1yo, p1, [sl1yo, brp1] 4 times, sl1. Turn.

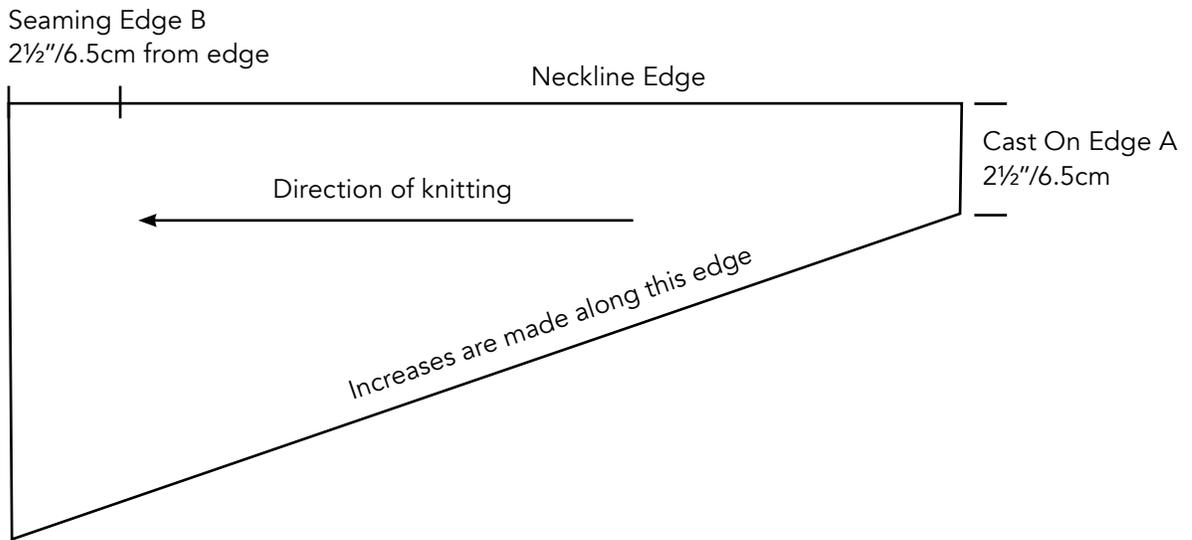
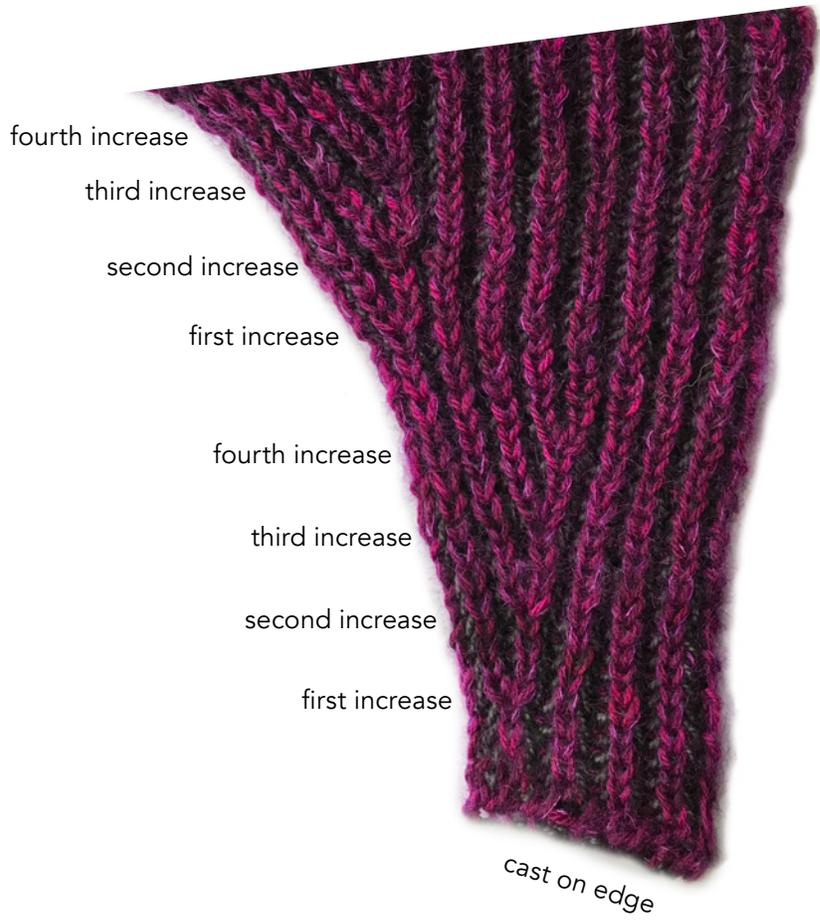
Row 15 LS LC: as **Set-Up Row 1 LS LC.**

Row 15 LS DC: as **Set-Up Row 1 LS DC.**

After working **Row 16 DS DC**, rep from **Row 1 LS LC** until desired length. I worked a total of 6 pattern repeats (Row 1 LS LC - Row 16 DS DC) before binding off.

FINISHING

With RS facing, BO all sts using the Stem Stitch Bind Off, see page 2. Weave in ends. I steam blocked my bandana. Seam the cast on edge (edge A) to the seaming edge (edge B).



"EMBRACE HUMANITY
EMBRACE FAMILY
EMBODY COMMUNITY
EMPHASIZE EQUALITY
EMANCIPATE EQUITY"

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